# FACULTY OF BEHAVIOURAL AND SOCIAL SCIENCES DEPARTMENT OF APPLIED PSYCHOLOGY

**Program Project Report** 

BA (H) in Applied Psychology

(3 Years)

(Online Mode)



#### MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH & STUDIES

(Deemed to be University under section 3 of the UGC Act 1956)

#### 1. Program's Mission and Objectives

#### **Program Mission**

- To create competent Psychologists to meet current and future needs globally and for local communities by imparting application based knowledge through experiential learning methods.
- 2. To train young flamboyant brain to become able and professionally efficient practitioners, researchers, academicians in the field of Psychology.

#### **Program Objectives**

The objective of the program is to develop the students to operate in the field of psychology and its related areas such as educational psychology, counseling, sports psychology, clinical psychology. The program focuses on providing basics of psychology by laying the foundation stone through the delivery of basic theories, intermediate concepts and their applications. The program is designed to inculcate skills related to understanding human behavior, resolving individual and group conflict, solving problems and suggesting solutions to critical issues to the clients. The BA in Applied psychology program focuses on providing knowledge of psychology and its application to different fields.

#### 2. Relevance of the Program with HEI's Mission and Goals:

#### **Institutional Mission**

- 1. To provide an environment in which teachers love to facilitate and students love to learn, consisting of infrastructure facilities at par with the best institutions in India and abroad.
- 2. To inculcate skills and impart knowledge to the ignited minds in the fields of science & technology and soft skills including leadership, team-building and communication.
- 3. To create human beings with golden heart, who work and dedicate themselves for the advancement of humanity.
- 4. To undertake research and development activities in collaboration with the world of work leading to creation of new knowledge in the fields of science, commerce, humanities, engineering & technology, management, health sciences & therapies, sports, multi-media, applied & performing arts.

#### **Institution Goals**

MREI is dedicated and committed to train and equip its students with the latest knowledge and skills in the chosen fields in the backdrop of Indian ethos and values to enable them to face any global challenge with a view to transforming them into insightful, honorable and responsible citizens of this great country; and imbibe a work culture of theoretical and applied research leading to creation and dissemination of knowledge.

MRIIRS strives continuously to improve quality of education to nurture the talent of our students to enable them to embark upon a successful career. Our team endeavors to achieve this objective through a proper blend of high conceptual and practical skills supported by excellent infrastructure, teaching methodology and commitment to Quality Management.

#### **Linkage with Program Mission**

The graduates will be capable-

- 1. To pursue careers in the different fields like clinical psychology, counseling, organizational psychology, sports psychology and educational psychology by getting into different professions like psychologists, mental health professional, consultant and researcher etc.
- To understand, analyze, and critically think about the problems of their clients and support and facilitate them to resolve the issues by the interventions, solutions and therapeutic processes.

#### 3. Nature of Prospective Target Group of Learners

Everyone who has completed their 10+2 education with minimum 50% marks and English as one of the subjects can join the program. Those who have dropped out after 10+2 such as housewives, people in entry level jobs related to sales and marketing. All the rules and regulations laid by UGC in terms of admission will be followed in letter and spirit. The marks related to relaxation will be applicable to all the candidates as prescribed by University Grant Commission.

## 4. Appropriateness of program to be conducted in Online Mode to acquire specific skills and competence:

In the present scenario, as the world is still trying to recover from one of the worst phases of mankind, it is important for all of us to learn quickly and adjust with the changing scenario. As we are witnessing the dawn of a new era with the concept of "new normal" taking dominance in all modes of operations. Education being no exception also requires changing, transforming and developing new methods of delivery and shaping colorful young minds. This online mode of education will decrease the need of face to face communication and as the technological advances are taking place it may be assured that the program can appropriately deliver its objectiveThe skills which are important to operate professionally in the field of psychology requires a learner to have the skills related to interpersonal communication, understanding issues, analyzing problems, designing interventions, and applicability. All these abilities can be trained through online mode. The learners will be able to obtain all the skills through online mode.

#### 5. Instructional Design:

#### Curriculum Design/Study Scheme

### MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

(Deemed to be University under section 3 of the UGC Act 1956)

Faculty of Behavioural and Social Sciences

BA/BSc Psychology (Hons) (Online Degree Programme)

	Course Type	Course Code	Title of Course	Credits
	University	OBT-UC-	2200 OF COURSE	0134165
	Core	161	Environmental Studies & Waste Management	3
	Domain	OPSY-DS-		
	Specific	101	Understanding Human Psyche	4
	Domain			
	Specific OPSY-DS-102 Biopsychology		4	
	Domain			
	Specific	OPSY-DS-151	DPSY-DS-151 Understanding Human Psyche (Practical)	
	Domain			
Semester1	Specific	OPSY-DS-152	Biopsychology (Practical)	1

	ъ :	1		
	Domain Specific OPSY-DS-103 Pioneer Work in Psychology		Pioneer Work in Psychology	4
	Domain	OF 5 1 -D 5-10 5	Tioneer work in rayenology	<u> </u>
	Specific	OPSY-DS-153	Term Paper	3
	•		Total Credits	20
	Course Course			
	Type	Code	Title of Course	Credits
	University	OBBA-UC-		
	Core 2 Domain	OPSY-DS-	Business Communication	3
	Specific Specific	203	English communication in psychologist	4
	Domain	203	English communication in psychologist	7
	Specific	OPSY-DS-201	Applied Social Psychology	4
	Domain		7 07	
	Specific	OPSY-DS-202	Statistics	4
	Domain			
	Specific	OPSY-DS-252	Statistics (Practical)	1
	Domain		5	
	Specific	OPSY-DS-204	Psychology and Media	4
Semester2	C		Total Credits	20
	Course Type	Course Code	Title of Course	Credits
	Domain	Couc	Thic of Course	Credits
	Specific	OPSY-DS-301	Personality	4
1	Domain	0151-05-301	Torsonancy	
	Specific	OPSY-DS-302	Developmental Psychology	4
	Domain	0151 55 502	T	
	Specific	OPSY-DS-303	Psychological Testing	4
	Domain		, , ,	
Semester3	Specific	OPSY-DS-351	Personality (Practical)	1
	Domain			
	Specific	OPSY-DS-352	Developmental Psychology (practical)	1
	Domain			
	Specific	OPSY-DS-353	Psychological Testing (practical)	1
	Domain			
	Specific	OPSY-DS-354	short Project/ Treaties	2
1	Course	Course	Total Credits	17
	Type	Code	Title of Course	Credits
1	Domain	2342	The of Course	
	Specific	OPSY-DS-401	Positive Psychology	4
	Domain		,	
	Specific	OPSY-DS-402	Research Methodology	4
	Domain			
	Specific	OPSY-DS-403	Indic Psychology	4
	Domain	T		
	Specific	OPSY-DS-451	Positive Psychology (practical)	1
	Domain			
	Specific	OPSY-DS-452	research Methodology (practical)	1
	Domain			
	Specific	OPSY-DS-453	Internship	6
Semester4			Total Credits	20

	Course Type	Course Code	Title of Course	Credits
	Domain Specific	OPSY-DS-501	Industrial and Organizational Psychology	4
	Domain Specific	OPSY-DS-551	Industrial and Organizational Psychology (practical)	1
	Domain Specific	OPSY-DS-502	Abnormal Psychology I	4
	Domain Specific	OPSY-DS- 552	abnormal Psychology I (practical)	1
	Domain Specific	OPSY-DS- 557	Research Project/Thesis/Treaties/Internship	6
1	Domain Specific	OPSY-DS-503	community Psychology	4
		I	BA/ BSc (H) Specialization: Counselling	
	Domain Specific	OPSY-DS-503	community psychology	4
	Domain Specific	OPSY-DS-502	Abnormal Psychology I	4
	Domain Specific	OPSY-DS- 552	abnormal Psychology I (practical)	1
	Domain Specific	OPSY-DS-504	Introduction to Counselling	4
	Domain Specific	OPSY-DS- 554	Introduction to Counselling (practical)	1
	Domain Specific	OPSY-DS- 557	Research Project/Thesis/Treaties/Internship	6
		BA	/BSc (H) Specialization: Educational Psychology	
	Domain Specific OPSY-DS-503 community psychology  Domain Specific OPSY-DS-502 Abnormal Psychology I  Domain OPSY-DS- Specific 552 abnormal Psychology I (practical)		community psychology	4
			Abnormal Psychology I	4
			abnormal Psychology I (practical)	1
	Domain Specific	OPSY-DS-505	Educational Psychology	4
	Domain Specific	OPSY-DS- 555	Educational Psychology (practical)	1
Semester 5	Domain Specific	OPSY-DS- 557	Research Project/Thesis/Treaties/Internship	6
		B	SA / BSc (H) Specialization: Sports Psychology	
	Domain Specific	OPSY-DS-503	community psychology	4
Semester 5	Domain Specific	OPSY-DS-502	Abnormal Psychology I	4
	Domain Specific	OPSY-DS- 552	abnormal Psychology I (practical)	1
	Domain Specific	OPSY-DS-506	Sports Psychology	4

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	Domain	OPSY-DS-			
	Specific	556	Sports Psychology (practical)	1	
	Domain	OPSY-DS-			
	Specific	557	Research Project/Thesis/Treaties/Internship	6	
	- C		Total Credits	20	
	Course	Course Code	T'Al £ C	C 114	
	Type	Code	Title of Course	Credits	
	Domain Specific	OPSY-DS-601	Industrial and Organizational Psychology II	4	
	Domain Specific	OPSY-DS-651	Industrial and Organizational Psychology II (practical)	1	
	Domain				
	Specific	OPSY-DS-602	Abnormal Psychology II	4	
	Domain	OPSY-DS-			
	Specific	652	abnormal Psychology II(practical)	1	
	Domain	OPSY-DS-			
	Specific	657	Research Project/Thesis/Treaties/Internship	6	
	Domain			_	
	Specific	OPSY-DS-603	Psychology of Gender and Culture	3	
			BA/ BSc (H) Specialization: Counseling	T T T T T T T T T T T T T T T T T T T	
	Domain		C 11' D 1'	4	
	Specific	OPSY-DS-604	Counselling Paradigms	4	
	Domain Specific	OPSY-DS- 654	Counselling Paradigms (Practical)	1	
Semester 6	Domain				
	Specific	OPSY-DS-602	Abnormal Psychology II	4	
	Domain				
	Specific	OPSY-DS-652	Abnormal Psychology II practical	1	
	Domain	OPSY-DS-			
	Specific	657	Research Project/Thesis/Treaties/Internship	6	
	Domain Specific	ODGM DG 603	Psychology of Gender and Culture	3	
	Specific   OPSY-DS-603   Psychology of Gender and Culture   3  BA/BSc (H) Specialization: Educational Psychology				
	Domain	DA/	BSC (H) Specialization: Educational Esychology		
	Specific	OPSY-DS-605	Advance Educational Psychology	4	
	Domain	OPSY-DS-	Travallee Educational Espendiogy		
	Specific	655	Advance Educational Psychology (practical)	1	
•	Domain	OPSY-DS-			
	Specific	602	abnormal Psychology II	4	
•	Domain	OPSY-DS-	, J		
	Specific	652	abnormal Psychology II(practical)	1	
	Domain	OPSY-DS-			
	Specific	657	Research Project/Thesis/Treaties/Internship	6	
	Domain				
	Specific	OPSY-DS-603	Psychology of Gender and Culture	3	
		B	A / BSc (H) Specialization: Sports Psychology		
	Domain				
	Specific	OPSY-DS-606	Sports Psychology II	4	
	Domain	OPSY-DS-			
	Specific	656	Sports Psychology II (practical)	1	

	Domain Specific	OPSY-DS-602	Abnormal Psychology II	4
	Domain Specific	OPSY-DS- 652	abnormal Psychology II(practical)	1
	Domain Specific	OPSY-DS- 657	Research Project/Thesis/Treaties/Internship	6
	Domain Specific	OPSY-DS-603	Psychology of Gender and Culture	3
Total Credits				19
Total Credits				116
Beside the elective, Inte courses shall student shall maximum l	24			
Total Credits				140

Apart from BA (H) in Applied psychology the institute also offers three different specializations as following-

- Specialization in Counseling
- > Specialization in Educational Psychology
- > Specialization in Sports Psychology

The curriculum design for the above mentioned courses will follow the same study scheme for all the specializations till the fourth semester but the last two semesters of the courses will have exclusive focus on the specialization opted by the candidates. Further we will showcase the study scheme for all the specializations offered at the Department of Applied Psychology. The internship/research/ treaties/monograph of the students who have opted for specialization must have a clear focus on their field of specialization.

For successful completion of the course a learner has to complete 30 credits of the courses from the elective basket provided by the institute or they can also choose the subjects from the online platforms like MOOC-Swayam, Coursera, Udemy etc.) and the required number of compulsory credits that has to be earned by a learner in order to complete this program is 140 credits as prescribed by UGC

• For Successful completion of BA/BSc. (H) Applied Psychology degree, the student shall be required to earn minimum 140 credits in total, out of which he/she needs to earn 110 credits of compulsory courses through online classes as tabulated above and at least 30 additional credits through University Core/University Electives as approved by the Academic Council of the University.

• A semester typically will have 5-8 lectures (Hrs)/week and 10-16 hrs of interaction/mentoring session/week. It can be conducted on daily basis five days a week, early morning hours and / or weekend depending on the count of the students and their preferences

University Core Subjects						
Business Communication	Environmental Science and Waste Management	Entrepreneurship				
Understanding human Psychology	Introduction to MIS & ERP	Principle Economics	of			
Introduction to Sociology						

#### **Each course is of 3 credits**

### > 1 & 2 are compulsory; student can select any 2 courses from 7 (of different discipline)

University Elective Subjects				
Indian Economics & Policy	Elementary Statistics	Art & Substanability		
Government and politics in	Introduction to public and policy	Applied Social Psycholog		
Basic of Drafting Skills	Financial Accounting	Psychology and Media		
Design thinking	Indirect taxation	Internet Technologies		
United Nations and Global	Cost Accounting	Ecommerce		
Issues to India Democracy	Photo Journalism and Camera	Digital Marketing		
Fashion Communication Weight Management Food Toxicology				

Students are required to take six out of 21 university elective courses. The list is provided above. A student is required to take a total of 10 subject covering 30 credits to complete the open elective basket. This will also ensure the CBCS prescribed by UGC.

The E-Learning Material shall have the four quadrant approach; as per UGC (Credit Framework for online learning courses through SWAYAM) Regulations, 2016 taking into consideration the following, namely:-

o Quadrant-I is e-Tutorial; which shall contain: Video and Audio Content in an organized form, Animation, Simulations, Video Demonstrations, Virtual Labs, etc, along with the transcription of the video.

- o Quadrant-II is e-Content; which shall contain; self instructional material, e-Books, illustrations, case studies, presentations etc, and also contain Web Resources such as further references, Related Links, Open source Content on Internet, Video, Case Studies, books including e-books, research papers and journals, Anecdotal information, Historical development of the subject, Articles, etc.
- o Quadrant-III is the Discussion forum for raising of doubts and clarifying them on a near real time basis by the Course Coordinator or his team.
- o Quadrant-IV is Assessment, which shall contain; Problems and Solutions, which could be in the form of Multiple Choice Questions, Fill in the blanks, Matching Questions, Short Answer Questions, Long Answer Questions, Quizzes, Assignments and solutions, Discussion forum topics and setting up the FAQs, Clarifications on general misconceptions.

The students who will participate in at least 75% of the activities (online class + time bound assignments + discussion forms for a subject will be eligible for end semester examination for that course)**Process of program & Course Approval** 

The curriculum of the program after taking the feedbacks from the stakeholders (Parents, Faculty Students, Alumni and Employers) is reviewed by BOS. The course is meticulously reviewed by BOS.

Recommendations of BOS are then reviewed in BOF. It also checks and defines the feasibility, credit hours and scheme of examination. The program is submitted to the Academic Council of the University for Final Approval.

#### 6. Faculty & Support staff

The required number of competent faculty (Professor, Associate Professor, and Assistant Professor) is already available in the department and shall be allocated as per the requirements stipulated in the UGC Regulations & Guidelines for Online program. There will be few expert faculty members who will be required and the institute will provide the same. Beside that IT support team and administrative staff is already available to provide technical and managerial support to run the operations.

#### 7. Identification of Media

Media to be used for curriculum	Percentage
Audio/Video material	10%
Audio/ video material	1070
Work related exercises practical/Quizzes and Assignments	37%
Digital contents	33%
Virtual Labs	20%

#### 8. Student Support Services System

Students are supported in all phases of their Academic progression. MRIIRS website is fully equipped with information about programs, courses, entry requirements, application procedures, structures, functions, rules, and regulations of the institute, recognition of institute, and special features of the programs and so on. Smooth online admission process is done through the ERP portal. On completion of admission, the students are provided with study materials, assignments using the ERP portal itself. Online classes are conducted using MS-Teams & Google Classroom Software.

Orientation training is conducted by institution at the beginning of the semester. On Program Completion, the students are guided on participations in convocations. Online Student's feedback sessions are conducted using ERP portal for students to share their valuable feedback. Feedback is collected on a periodical basis during the Academic session. The Online feedback is transparent for the faculties so that the faculty members can improvise. The suggestions from students are also obtained where they can feed their suggestions/complaints for any point of concern. The complaints/suggestions are entertained by different levels of hierarchy of the institution. ERP portal mitigates the challenge of seamless Student –Institution communication.

#### 9. Procedure for admissions, curriculum Transaction and Evaluation

#### **Eligibility Criteria**

As per the institutional guidelines and the rules laid by UGC for PG admission.

#### Fee Structure(To be finalized by Higher Authorities)

#### Fee Breakup for First Year

	<u>1st Installment</u>	2nd Installment
<b>Tuition Fee</b>	18,000	12,000
Knowledge Partner	NA	<u>NA</u>
Student Resources fee	12,000	<u>8,000</u>
<b>Examination Fees</b>	<u>3,000</u>	<u>2,000</u>
Registration Fee	<u>25,000</u>	<u>NA</u>
<u>Total Fee</u>	<u>58,000</u>	<u>22,000</u>
<u>Total</u>	<u>8</u>	0,000

#### Second and Third Year Breakup

	First Installment	Second Installment
Tuition Fee	18,000	12,000
Knowledge Partner	NA	NA

Student Resources fee	15,000	10,000
Examination Fees	3,000	2,000
Total Fee	33,000	22,000
Total	5.	5,000

#### **Scholarship Policy**

On Merit Basis

#### 80 % and above marks / CGPA in Qualifying exam will be awarded 100 % tuition fee waiver

70% to 79.99% marks / CGPA in Qualifying exam will be awarded50% tuition fee waiver 60% to 69.99% marks / CGPA in Qualifying exam will be awarded 25% tuition fee waiver

#### **Under Special Category**

<u>Categories</u>	Fee Concession	Documents to be Submitted	<u>Continuation</u>
Empowering Women (For women on Sabbatical)	25% on Tuition Fee	Self-Declaration	For all Years
Alumni Special(MREI Alums)	25% on Tuition Fee	Certificate/Degr ee Having Student enrollment no.	<u>For all Years</u>
Government Special(Working with State Govt. or Central Govt.)	25% on Tuition Fee	ID Proof having Employee no.	For all Years

Sports(State Level & above)	25% on Tuition Fee	State Level or National Level Certificate	For all Years
Divyang	25% on Tuition Fee	Disability Certificate	For all Years

#### Conditions for Continuation of Scholarship Policy

Maintain a minimum CGPA of 6.5 Annually (Ist& 2nd Semester). However, if any student considered for fee concession in the first year fails in any of the subject, he/she may be considered for continuation of fee concession provided that he/she shall have to clear the subjects in the subsequent academic year failing which he/she may be not be considered for the continuation of Fee Concession.

#### Web Based Tools to be Adopted

Our university has adopted a Web based Portal (iCloud EMS) which shall allow the student access to the following:

- Admission & Enrolment Details
- Fees Details and Online Fee Payment gateway, Prospectus, Regulation and Syllabus
- Notification (Admission, fess, Examination), Lesson Plan
- Continuous Assessments / Assignments
- Online PCP classroom lecture (Recorded or via virtual classroom session) as conducted each semester
- Online Copy of the Grade sheet

A Personal Contact program shall be scheduled, to allow students to attend classroom lectures at the Campus, for a suitable duration of time. The same may also be recorded and uploaded on the web portal, to allow for revision / revisiting. Students may also be provided the facility of live web streaming of the PCP.

S.No	Name of the Activity	Semester 1	
1.	Course Registration and start of classes	1st day of Session	
2.	Conduct of the first sessional tests T1(from first half of the syllabus)	49 <sup>th</sup> day	54 <sup>th</sup> day
3.	Uploading of the result on the web portal	61th day	
4.	Conduct of the second Sessional tests T2 (from second half of the syllabus)	112 <sup>th</sup> Day	117 <sup>th</sup> day
5	Uploading of the result on the web portal	124 <sup>th</sup> day	
6.	Conduction of the end semester practical exams	131th day	137 <sup>th</sup> day
7.	Conduction of the end semester theory exams	147 <sup>th</sup> day	151th day
8.	Upload the complete result on ERP/website	162th day	
9.	Next semester academic calendar	166 <sup>th</sup> day	

#### **Examination Policy**

The evaluation will include two types of assessments;

(i) Continuous or formative assessments (in the form of end semester examination or term examination. Weightage of assessments are as follows:

For continuous or formative assessment (in semester): Maximum 30 percent. The categorization for the same is:

MCQs 30% Subjective (Short/Long) 40% Discussion/Presentation 15%

Projects/Group Activities etc. 15%

(ii) For summative assessment (end semester examination or term end examination):

Minimum: 70 percent. Categorization for the same is:

Objective Type Questions: 30% Short/Long Questions: 70%

### Passing Criteria in Internal Assessment/ Continuous Evaluation and External/ End Semester Evaluation:

Student will be declared pass in the subject if he/she scores jointly 40% marks in Internal Assessment / Continuous Evaluation and External/ End Semester Evaluation.

Marks or grades obtained in continuous assessment and end semester examinations or term end examinations shall be shown separately in the grade card.

#### **Grading System:**

Grade	Grade Point (GP)	Description of performance	Recommended range of marks in percent	Expected number of students in a Grade
О	10	Outstanding	95 – 100	0
A+	9	Excellent	85 – 94.9	Not > 10%
A	8	Very Good	75 – 84.9	Not > 15%
B+	7	Good	65 – 74.9	Not > 15%
В	6	Above Average	55 - 64.9	Not > 40%
С	5	Average	45 – 54.9	Not > 10%
Р	4	Pass	40 - 44.9	Not > 10%
F	0	Fail	0-39.9	Not > 10%
AB	0	Absent		0
AP		Audit Pass		0

#### 10. Requirement of Library Resources

The library services at Manav Rachna can be accessed using the

linkhttps://manavrachna.edu.in/international-institute-of-research-and-studies/central-library/

It offers a range of services for academic and research pursuits:

- 1. Circulation Services
- 2. Reference & Research Services
- 3. Digital Library
- 4. Current Awareness Service
- 5. User Orientation Programs
- 6. Wi-Fi and Internet
- 7. Photocopy, Scanning and Printing Facilities

#### 11. Cost estimate of the program and the provisions

- Bandwidth- 200 Mbps for one year
- 180000/- per year (Rs 1000 per year)
- Cloud Account AWS- Rs. 10,000 15,000/- per year
- Virtual Machine- Rs. 1500/- month per virtual machine

#### 12. Quality assurance mechanism and expected program outcomes

The IQAC is striving to bring newer initiatives pertaining to research, campus development, ICT adoption in teaching, providing better focus for the research scholars through workshops, coordinating Academic and Administrative Audit of the University, etc. At the end of every academic year, the University conducts assessment of the curriculum/ course/ academic program by students. The 5 assessment focuses on broad areas like

- 1) Reasons for selecting courses,
- 2) Facilities available in the Departments,
- 3) Quality of the syllabus,
- 4) Internal assessment evaluation,

5) Quality of the teacher in terms of regularity to classes, command over language, encouragement of students in the classes, completion of syllabus.

Towards the Quality Assurance Mechanism for online distance Programs, the University shall establish a Centre for Internal Quality Assurance exclusively for program in the Open and Distance Learning mode, and follow the Quality Assurance Guidelines. The CIQA will be required to conduct training and capacity building of teaching and administrative staff. The University IQAC's cell shall work closely with the CIQA to develop Feedback mechanisms, to allow for Program and Process Review on a regular basis. 360 Degree feedback, from Students, Faculty and Alumni shall be processed, and suggestions and improvements incorporated accordingly. The Course shall be benchmarked with the Courses conducted in campus, for full time students, in order to ascertain the quality. These indicators shall be used to constantly improve upon the programs, and make them at par industry standards and expectations.

#### 13. Program Objectives (PO's)

**Program Objectives** are brief, clear statements that describe the desired learning outcomes of instruction; i.e., the specific skills, values, and attitudes students should exhibit that reflect the broader goals andtasks on which students can be expected to demonstrate varying degrees of progress.

During the and by the end of the program the students will be able to-

- PO-1 Appreciate different methodological approaches to psychological understanding including experimentation, observing, self-report and interviewing
- PO-2 Apply psychological understanding, knowledge and skills in identifying problem and finding solution to them
- PO-3 Build professional competence in terms of applying psychological techniques and knowledge pertaining to everyday life
- PO-4 Connect concepts with personal experience by using critical thinking
- PO-5 Obtain self-development, health hygiene and self-regulation
- PO- 6 Develop cultural and historical sensibility towards traditions, socio cultural context and diversity and tolerate different perspective

#### **Program Specific Objectives (PSOs)**

- PSO-1 Promote self-understanding, reflexivity and personal growth by facilitating acquisition of basic skills in major areas of application (e.g. psychological testing, experimentation, counseling, interviewing, developing psychological tools, behavior modification, data analysis, report writing)
- PSO-2 Developing ethical and moral sense of aptness in general and in the context of learning and its assessment in particular and developing respect for social diversity
- PSO-3 Apply psychological skills and techniques to facilitate people with Psychological problems.